

MANITOBA HERO



girls
lacrosse.



ABOUT THE HERD



Established in 2023, The Herd is Manitoba's only all-girls lacrosse program.

The mission of The Herd is to grow the game for girls in Manitoba while providing opportunities to excel at the highest level.

powered by the manitoba lacrosse association



WOMEN'S FIELD LACROSSE

A high performance space for girls age 13-19 to excel in the world of field lacrosse. This program will provide our athletes with the opportunity to develop their skills to dominate the game nationally, internationally, and prepare them for post-secondary opportunities.

The Women's Field Lacrosse High School Elite Program will attend travel tournaments and showcases across North America. These travel opportunities will be offered à la carte throughout the year.

**high school
elite program.**



BOX LACROSSE

A high performance space for girls age 13-19 to excel in the world of box lacrosse. This program will prepare our athletes for Canadian national championships, international opportunities, and the Canada Summer Games.

The Box Lacrosse High School Elite Program will attend travel tournaments such as the USBOXLA national championships. These tournaments will be offered à la carte throughout the year.

high school elite program.



BOX LACROSSE

An all-girls box lacrosse league for *all* athletes, new or experienced. This house-league program is focused on providing a fun and competitive environment for athletes to learn the game and develop their skills.

This league will run during the regular spring box lacrosse season, April through June.

**grassroots
house league.**



BOX LACROSSE

An entry-point for the future of the game. These mini-lacrosse camps will be offered throughout the year at different locations across the province. The camps will offer weekly sessions for a period of 6-8 weeks each.

Mini-lacrosse is a version of the game for our youngest athletes that is accessible and FUN. It is played 3v3 with soft balls and smaller sticks. Helmets and gloves required.

The mini lacrosse program is for kids under 11 years of age.

grassroots
mini lacrosse.



CONTACT US



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